



Indigo and Crystal Children, Are They Special?

By Donna Harber, MSW, CBT

The container of life pulsates strongly, the baby signals coming birth, the vibration of the emergent out of the darkness (the womb) has begun. The baby has been in darkness, experiencing total connection and being in oneness. The journey from darkness and connection is ending, and the journey of emergence into the body, of living in the light has begun.

The mother is preparing for the first gaze or look into her baby's eyes as the baby's head crowns. The mother's brain begins to release all the thoughts of longing waiting hope and possibilities and wonder of what this new life is and will be. This process actually infuses light out of the brain onto the optic nerves of the mother. It is literally the light in the mother's eye. It is preparing to be released. Mother pulls the baby to her breast and the light from her eyes transfers to the baby's eyes, beginning the journey of emergence of the soul's essence into the light.

Two German scientists, Blechschmidt and Gasser, through their study of embryology, have given us a key understanding of the importance of emergence (of each soul) within free will. This freedom is established through our soul essence communicating with the electromagnetic field of the earth through the vibration of water within the sacredness of space.

Blechschmidt and Gasser documented how the forming of our human body occurs through fluid transfer processes, cueing cells to differentiate into a nerve cell, a liver cell, and others. If a cell receives the wrong signaling (i.e., to become a skin cell when it should becoming a bone cell), deformities of the human body occur. In the beginning, all cells are the same. What would happen if parents, psychic, and society were all standing over the cells in the womb saying, "you are all the same and your job is to be a warrior (or to save the world)"? The cells would be in a dilemma – "should I stay with the communication of the soul with the Earth or should I take my task, which is being presented to me from outside of my sacred space by other?"

Those in the field of psychology who understand deep psychological processes have seen and worked with narcissistic wounds of some kind with most clients. Narcissism is caused by a wounding of the heart, creating a stance in life with a tendency to pull up and out of self (to avoid the pain). A root cause of narcissism is being "Daddy's little girl" or "Mommy's little boy", or placed in a position of inflated importance within the family. Someone in a narcissistic position must rise above the self (soul information) to become what is expected. Our children are at risk when labeled as "higher ordered souls" and/or dictated (from outside themselves) a life purpose.

This narcissistic wound is very damaging to the human race and it is most elusive to transcend. Having 100% of good intentions in parenting, sadly, will not change the developmental experience and end result for the child. In our nervous system, 98% of cells are sensing nerves.

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A developing child can sense their special position and how their life path is categorized. This puts the child's soul in conflict with whether they should listen to their soul communication with the electromagnetic field of Earth, or if they should become what their beloved parent is telling them they are. This split position causes disheartening and soul self-doubt, always present in the energetic position of narcissism.

This knowledge calls us to challenge what we observe in our children, how we interpret those observations, and how to best support our children. Human auras are layered and vibrate in relationship to the electromagnetic field of the earth. As new aura colors emerge in children, they also emerge in adults already here. Our energy fields respond to earth's field changes and our own internal changes, as they have from the dawn of time.

Here are some of the symptoms and life path purpose claimed to identify "special" children:

Indigo Children

- Born between 1975 – 1995
- Creative
- Gifted
- Intelligent
- Life purpose is to break down and change all existing systems

Crystal Children

- Born after 2000
- Intuitive
- Healers
- All forgiving
- Simple
- Loves nature
- Life purpose is "came to save the world"

In reviewing these indicators, reflect on what exactly is being seen in these children. It is important that we learn to support our children in the emergence of their soul in their own information, in the sacredness of their own space, and life gifts. The goal is a perfect world, just as each cell listens, responds, and becomes the correct body part, to make a perfect baby. The earth and we are developmental in nature. One of the qualities of a spiraling galaxy is that all its cycles are developmental.

The Earth is developing, changing, and signaling to souls to emerge into their lives. The earth is different from year to year, day to day, and month to month. Throughout history, we have acknowledged this constant change and shift through all manner of systems, such as astrology, in an effort to find meaning in our lives. We have never felt a need to so readily define it with symptoms, checklists, and/or goals for our children's lives. We are also currently waking up to the reality of the science of nutrigenics, a science examining the effects of nutrition on development, DNA, or genetic expression. We are in the second and third generation of a poor diet containing trans fats, food additives, high sugar consumption, and overall poor food quality. We have also lost rhythm, flow, and movement in our daily lives, due largely to our electronic and fast-paced society. This is the main cause of many of our neural integration concerns in our children. We could simply be observing these effects in our children (their response to listening to the energy of other, that their sole path purpose is to come to save the world, to unite us, or that they are different from us). We also may be seeing the effects of a lack of understanding of

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the energies of parenting, poor nutrition, and lack of society support and flow.

Because we have not evolved in unity with our soul essence, disheartenment and diversity continue to be created daily. As I am with my clients, I feel and know the world is in a pulled-up space, where self and soul cannot be accessed. Many refer to this space as “the abyss” - it is a longing, an isolation, and a deep terror and fear because life does not make sense. This truly is the abyss. This sea of aloneness, our sacred space, where only our soul essence should be, is being constantly polluted with information based on illusion. Should the despair overtake us, we lose faith in ourselves, and we can feel saved by a label, diagnosis, or some fragment of information that we might cling to that allows us to believe the world makes sense. If you have clung to things in the storm of this information, then welcome, for we all, through our journey in this life, clung to fragments of being while we longed desperately to come home to the oneness of being. Being with our true soul essence and in clear communication with the electromagnetic field of the earth. I am grateful that fragments and pieces have been there for you - to bring you a shelter in the storm of the abyss.

With our disheartenment, we have all moved into a pulled-up position of “being special”. We hear it, see it, and experience it everywhere. “I have the way.” “I know the way.” “What others are doing is wrong, listen to me, listen to this.” When we are able to come down and ground in ourselves and in the flow of the Earth, we become empowered, and then have no need to be special. When we blind ourselves with the continual smattering of information, yelling, fighting, preaching, identifying, telling others what to become, we remain lost in the abyss. Faith comes - as each cell in our developing body has faith in the other cells. Can you imagine what might happen should one of the cells in our developing body say to the other cells, “we know what you need to be, we know what you need to do to create a perfect body”, and that cell began to listen to the first cell as it imparted misinformation for what the cell would become (not what the cell was being called to become through its communication with water)? We would not exist as species, as the human race.

I am grateful the Earth wants to be in relationship with the human race. I hold the container of faith in the power of the emergence process and that all of us will find our way toward uniqueness of being. We will form a perfect race as the body is perfect a gentle reminder. There is no room for special in oneness. Therefore, it will not be created by special children - each of us are perfect human souls and together, we will create living through flow supported by experience.

Parents connecting to their own soul essence will energetically change the home, filling it with rhythm, ease, and whole foods. This supports our children in emerging into their unique soul selves. An example might be: A child sees evil entities at night, a marker that the home is energetically unsafe and the child does not have permission to shut down their 6th chakra and rely on the energy skills of the parents to make the home safe energetically. The child’s 6th chakra remains open, interfering with the development of their prefrontal lobe. Parents, in this instance, would benefit from learning what unsafe energy they (consciously or unconsciously) bring into the home and take steps to create a more energetically safe home.

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This healing exercise supports all of us in returning to listening to our own voice. Completing the exercise will support parents in creating an energetically safer home and support all of us in our unique soul emergence.

[Kim, the exercise will be forthcoming in a few days]

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