

Unlock Your Soul Potential

Obtain Soul Mastery



The Bio Self-Emergence Institute presents
Embodied Meditation

Participants will experience and learn a form of embodied meditation. No previous experience with meditation is required.

- **Claim your birthright of vibrant health.**
- **Activate your chakra powers to use in your day-to-day life.**
- **Learn fundamentals of creating through thought.**
- **Learn tools that provide the resources needed to act on knowledge that you already know.**
- **Prepare your energy systems for the journey of reuniting your past-life footprints (in the electromagnetic field of the earth) to begin to experience oneness.**

Understand the energetic principles of forming against resistance and how to work with your chakra and aura energy fields (and the energy of others). Come experience the power of being in body.

The goal of meditation is self-healing and connection – and to learn to be in communication with the space in between – from which grows a wealth of possibilities.

Class Dates: Tuesday evenings. In 2010: February 23, March 9, 23, April 6, 20, May 4, and 18.
Time: 7:00 pm – 9:00 pm.
Cost: Cost is \$245 for the 7 Embodied Meditation classes.

Location: The Bio Self-Emergence Institute – 27752 Franklin Road, Southfield, MI 48034.
More Info: <http://www.EmbodiedMeditation.com/>

Facilitated by: **Donna Harber, MSW, CBT**
Intuitive Bio Self-Emergence Therapist

Registration Deadlines: Ask your soul self to see if you need to save your place in the class.
Only 15 spots available – please prepay to reserve your space.

Please complete registration form and mail with payment. Pre-register to assure a workshop place.

Name: _____ Email: _____
Address: _____
City, State, Zip: _____
Home Phone: _____ Cell Phone: _____
Workshop Date: _____
Class Payment Enclosed: \$ _____ (Make checks payable to "BSEI")

Contact Info: (248) 355-2191, 27752 Franklin Road, Southfield, Michigan, 48034